## Levels of Racism Looks Like...

## **Systemic** ongoing racial inequities maintained by society Institutional discriminatory policies and practices within organizations and institutions Interpersonal Bigotry and biases shown between individuals through word and action Internalized Race based beliefs and feelings toward

Graphic adapted from Lietz, M. (2018, Februar People Can Be Racist Without Awareness https://www.egc.org/blog-2/2018



individuals

alyssamariewellness